

Credo

Apostles Creed - Act of faith

I believe in God the Father Almighty, Creator of heaven and earth. I believe in Jesus Christ, His only Son, Our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day He rose again. He ascended into heaven and is seated at the right hand of the Father. He will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy Catholic Church, the Communion of Saints, the forgiveness of sins, the resurrection of the body and the life of the world to come. Amen.

Reflection on the Apostles' Creed:

"Faith is man's response to God, who reveals Himself to man, at the same time bringing man a superabundant light as he searches for the ultimate meaning of his life ... The desire for God is written in the human heart, because man is created by God for God ; and God never ceases to draw man to Himself. Only in God will he find the truth and happiness he never stops searching for:

'The dignity of man rests above all on the fact that he is called to communion with God. This invitation to converse with God is addressed to man as soon as he comes into being. For if man exists it is because God has created him through love, and through love continues to hold him in existence. He cannot live fully according to truth unless he freely acknowledges that love and entrusts himself to his creator'.

(Vatican Council II, GS 19,1 as quoted in the Catechism of the Catholic Church Part I, Section I and II)

"Since faith is the only key which opens all the mysteries of Jesus and Mary for us, we must begin the Rosary by saying the Creed very devoutly, and the stronger our faith the more merit our Rosary will have ... " (St Louis de Montfort, Secret of the Rosary 35).